

# Pullen Update

August 27, 2017

*What does God require of you but to do justice, to love kindness, and to walk humbly with your God. —Micah 6:8*

## Church Wide Retreat Oct. 6-7

Once again, we will gather as a community for a church-wide retreat on Friday and Saturday, October 6-7, at Camp Agape near Fuquay-Varina. We will begin with dinner on Friday evening and conclude after dinner on Saturday. The registration fees below include lodging, programs and four meals:

- \$75 adult
- \$40 child (12 & under)
- \$200 family max

To inquire about a reduced rate for tent camping, call the church office at 919-828-0897. Scholarships will be available so no one will be precluded from attending.

Visit [www.pullen.org/retreat](http://www.pullen.org/retreat) to register online, or fill out the form on the back of this Pullen Update and drop it off at the church office.

We hope you will mark your calendars for this exciting, community-building event. It's a time to relax, have fun and get to know your fellow church members in a beautiful, wooded setting.

—Pullen Staff

## Signup for Foyers

Pullen Foyers are gatherings where, once registered, you're randomly assigned to a circle of six to eight Pullen friends—including friends you've not yet met. Then you gather in each of the homes as you're able to schedule the gatherings throughout the next 10 to 12 months. A Foyer is a wonderful way to get to know other Pullen folks.

You can register online at [www.pullen.org/foyer-registration](http://www.pullen.org/foyer-registration). Paper sign up forms are also available in the church office, or can be obtained by emailing Heidi and Pat at [PullenFoyers@gmail.com](mailto:PullenFoyers@gmail.com).

The deadline for submitting the forms is September 24 and assignments will be made by email around October 4. We look forward to seeing you in a Foyer this year.

—Foyer Coordinators, Heidi McLean & Pat Thomas

## Pullen in Prison: Training 9/9

Pullen is exploring ways to support Interfaith Prison Ministry for Women and the NC Correctional Institute for Women. There will be a volunteer training on September 9 from 9:00-11:00 AM. This will allow Pullen volunteers to participate in religious service with women inside the correctional facilities. Applications must be submitted tomorrow. Please Contact Brian for more information.

—Brian Crisp, [bcrisp@pullen.org](mailto:bcrisp@pullen.org)

## Serve in Worship as an Acolyte



Acolyte Training Day will be Sunday, September 17, the week after Sunday in the Park. We'll meet at 12:15 PM for a time of

learning about the origins of light in worship, what the light symbolizes, and what tasks that the acolytes perform throughout the year. Training is open to all interested 3rd, 4th and 5th graders. Current acolytes need not re-attend. Those with children interested should contact Katey Zeh at [kzeh@pullen.org](mailto:kzeh@pullen.org).

—Katey Zeh

## Sunday Supper Gathering Today

For centuries, people of faith have celebrated sacred meals. Hindus consider each morsel divine; Jewish people remember their cultural history with Passover Seder; Muslims conclude Ramadan with the Eid-ul-Fitr; and Christians commemorate Jesus' charge to his disciples with the Last Supper. In addition, people throughout many regions of the United States celebrate community at tables where displays of field peas, fried chicken, and hush puppies reiterate who and what we are.

Yet, modernity has turned our community meals into drive-thru eating and sacred meals are pared down to institutionalized words with bread and wine. What have we lost by sacrificing the time needed to cook and eat together? Although our celebration of communion is critical, are there ways we can resurrect the early tradition to enhance our bonds as community and strengthen our faith? To begin answering these questions the Young Professionals will host Sunday Supper the Fourth Sunday Evening of every month beginning today in Finlator with preparations starting at 4:00 PM.

Sunday Supper is simple. We cook a meal together. When the food is ready and the table is set, we will sing a hymn, lights candles, and gathers at the table. After the passing of bread and communal blessing, people eat as words from sacred literature are read and an informal meditation is provided. After a discussion, another hymn is sung, a prayer is offered, and clean-up begins. After everything is tidied, we offer a benediction and go into the work of our world. Sunday Supper is Young Professional focused, but in true Pullen tradition, All Are Welcome.

—Brian Crisp, [bcrisp@pullen.org](mailto:bcrisp@pullen.org)

## Want to get more involved without a huge commitment?

You can by volunteering to usher, greet, or help with building security! Your commitment will only be every six weeks and you know what your schedule will be for the whole year. Get to know our members and guests better. Be a part of a team and help support Pullen. If you would like to be more involved or would like more information, please contact Heidi McLean (919-696-7448) or John McLean (919-219-1135). We would love for you to become a part of our wonderful team of volunteers!

—Heidi McLean

**NEW START TIME**  
**For Sunday in the Park**  
**10:00 AM, September 10**  
**Gregg Museum Lawn**

## Sunday in the Park is September 10 on Gregg Museum Lawn

*Sunday in the Park* is September 10 at 10 AM. Pullen people who have attended this worship and fellowship event will tell you that it is one of the best things we do all year. This year we'll gather right next door on the front lawn of 1903 Hillsborough Street. This is the former residence of the NCSU chancellor and now the new Gregg Museum of Art and Design.

What to bring:

- A prepared main dish that serves 6-8, stored in a cooler if refrigeration is needed. Label container and lid with your name. *Please do not bring serving utensils.* Dishes can be dropped off at the back door of Finlator Hall.
- Lawn chairs or blankets. Blankets can be spread on the grass. Chairs must be on the paved areas to protect the new lawn.
- Whatever you typically need to be comfortable outdoors – bug spray, sunscreen, etc. Wear casual, comfortable clothes.

While you experience a wonderful outdoor worship service, members of the Education Council and their friends will get the food ready for a delicious meal when the service is over. Bring the family and friends for this great event! If it rains, worship will be in the Pullen sanctuary at 11 AM and the picnic will likely be cancelled.

—Education & Worship Councils

## Be Peace at the State Fair

Every year at the State Fair, people of faith staff the Peace Booth to engage fair-goers in conversation about the things that make for peace. If you would consider working a 3-hour shift at this booth, which will get you into the Fair for free, please contact Cathy Tamsberg at [ctamsberg@pullen.org](mailto:ctamsberg@pullen.org) or 919-828-0897x214. Training is provided.

—Cathy Tamsberg

## Juice and Sausage Needed

We are now collecting items for the next packing of Round Table Ministry lunch bags and need individual serving-sized juice pouches or boxes and cans of Vienna sausages. If you can help out, please place your items in the blue wagon in front of the church office or drop them off with the back door volunteers on Sunday mornings. Thank you for your generosity!

—Nancy Bradley

August 27—September 3

**Sunday, August 27**

11:00 AM Worship, Sanctuary  
3:00 PM Coordinating Council, Room 203  
4:00 PM Young Professionals Sunday Supper, Finlator Hall

**Monday, August 28**

6:30 PM Education Council, Youth Room

**Tuesday, August 29**

2:00 PM Round Table Fellowship, Finlator Hall  
7:00 PM Meditation Group, Poteat Chapel

**Wednesday, August 30**

12:00 PM Lectionary Lunch, Library  
4:30 PM Children’s Minister Search Committee, Room 203  
6:00 PM Elementary Sunday Group Teachers Meet Up, Library  
6:00 PM Youth Program Kickoff, Finlator Hall  
6:30 PM Chancel Choir Ingathering, Room 128-B

**Thursday, August 31**

2:00 PM Round Table Fellowship  
7:00 PM Development Committee, Library

**Sunday, September 3**

10:30 AM Choral Worship Prep, Room 128-B  
10:30 AM Coffee Fellowship, Finlator Hall  
11:00 AM Worship, Sanctuary  
12:15 PM Peace & Justice Mission Group, Room 310  
2:00 PM Interfaith Medidation Group, Poteat Chapel

**September 3  
Lectionary**

Exodus 3:1-15  
Psalm 105:1-6,23-26,45b  
Jeremiah 15:15-21  
Psalm 26:1-8  
Romans 12:9-21  
Matthew 16:21-28

**Pullen’s Music Ministry**

You are warmly invited to experience Pullen’s uniqueness and connect with other Pullenites in one of our choirs or orchestra as these groups resume. See [pullen.org/music](http://pullen.org/music) for additional information.



**Chancel Choir (Adults) –**  
Wednesdays, 6:30-8:00 PM, Room 128-B  
Begins Wednesday, August 30, 6:30 PM

**Children’s Choir (Grades 2-5) –**  
Wednesdays, 5:45-6:15 PM, Room 128-B  
September-March. Begins Wed, Sept 6

**Music Discovery (4 Yrs.—1st Grade) –**  
Wednesdays, 6:00-6:30 PM, Room 122  
Begins Wednesday, September 6

**Pullen Orchestra (Youth & Adult) –**  
Sundays, 8:45-9:45 AM, Room 128-B  
Begins Saturday, September 9 (rehearsal for Sunday in the Park), 9 AM

**Youth Choir (Grades 6-12) –**  
Sundays in Jan-May, 1:15-2:00 PM,  
Room 128B, Begins January 2018

—Larry Schultz

**Cuba Pilgrimage Being Planned for March 2018**



Are you interested in experiencing the rich relationship with our partner church in Matanzas, Cuba? All potential travelers, first-time or experienced, are invited to an interest meeting after church on Sunday, September 17 in Room 310.

We will give a general description of what’s involved in these trips, what the deadlines are for participating, and the dates for the spring pilgrimage this year. Please contact Vickie Leigh at [vickieleigh62@gmail.com](mailto:vickieleigh62@gmail.com) if you have questions or are interested but can’t attend the meeting.

—Laurie Cone

**Eyeglass Donations Needed**

Please donate your old eyeglasses outside the church office. On September 16, Pullen will host a healthcare clinic for people experiencing homelessness. As part of this clinic, eye exams are given. Your old eyeglasses can be refitted and renewed to give a person the gift of sight. Contact Brian for more information.

—Brian Crisp, [bcrisp@pullen.org](mailto:bcrisp@pullen.org)

**Wiley Volunteers**

Interested in creative writing and reading with elementary students? The Wiley Program meets on Wednesdays from 4:00-5:30 PM. Students in the 2nd-5th grades use creative writing as a means to strengthen literacy. The commitment begins in late September and ends in May. Contact Brian for more information.

—Brian Crisp, [bcrisp@pullen.org](mailto:bcrisp@pullen.org)

**Environmental Justice in NC:  
Listen & Learn September 7.**

The Care of Creation Advocacy Group will host Jamie Cole from NC Conservation Network. The presentation will take place on Thursday, September, 7 at 7:00 PM in Room 203. The talk will cover: the definition of Environmental Justice, the priorities of the NC Conservation Network and how faith communities can effectively support the NCCN’s advocacy work.

—Karen Delahunty,  
[karen.a.delahunty@gmail.com](mailto:karen.a.delahunty@gmail.com)

**Register for the Church-Wide Retreat, October 6-7**

Information and sign-ups are also available at [www.pullen.org/retreat](http://www.pullen.org/retreat). If you are ready to register for the church-wide retreat, you may use the form below and return it to the church office. Pullen is subsidizing the cost for attendance because we really want to see you there. Here’s the pricing for the event.

**Friday Dinner—Saturday Dinner (includes 4 meals):**

\$75 adult, \$40 child (12 & under) with a \$200 family max

Your Name: \_\_\_\_\_ Your Email: \_\_\_\_\_

Additional Names (with ages in parenthesis): \_\_\_\_\_

**Sleeping Accommodations:**

# of people who will need a bed: \_\_\_\_\_

\*If you’re interested in camping in a tent at a reduced rate, contact the church office for more information (919-828-0897).

Below, please list any dietary restrictions and other notes. Thanks!