



Pullen

Memorial Baptist Church

September news & updates



Wednesdays 5:30 pm | pullen.org/connect

Upcoming Events

See what's happening this [month.](#)

Date: 07.30.23

Income: \$711,144.18

Expenses: \$729,416.30

Difference: -\$18,272.12

Welcome Back to the Table

Welcome back to The Table! We look forward to gathering together each Wednesday this fall beginning on September 13! This program year, we're looking to highlight stories and experiences within our community, enjoy some fun and fellowship each month, and continue to learn about what's going on with our neighbors near and far.

Complementing our programming for adults, we offer programs for children and youth each night. Join us for dinner, served from 5:30-6:15 pm. Dinner is \$7 for adults and youth (grades 6-12), \$4 for children (grades K-5), and free for preschoolers, with a maximum of \$24/family. After dinner, we take time for community announcements, celebrations, and prayers, before our formal program from 6:30-7:30.

We look forward to seeing you at The Table!

September 13 - Making Peace with War

Lisa Grabarek will tell the story of her and her brothers' 2019 trip to Europe with their then 100-year-old father so that he could return to sites of

personal significance from his fighting in the U.S. Infantry during World War II. It is not a story about visiting famous World War II sites. It is a story about Lisa's father making peace with his war, and, therefore, is a witness to tending to the places where we need healing.

September 20 - Push, Pulled, Shut Out & Forced to Leave

Octavia Rainey will lead a presentation with other Raleigh community leaders about the threat of re-development to one of the few remaining historic African-American communities in downtown Raleigh. Octavia Rainey is a long-time advocate for racial justice in Raleigh.

September 27 - What Does Housing a HOST Student Mean for Pullen

The Missions & Outreach Council will lead a discussion around their proposal to use the space known as the Refugee Resettlement Room to provide housing for a student through the Housing Options for Students Today (HOST) Program. The HOST Program was created to address college student homelessness by connecting students to temporary, safe, and stable housing in the homes of local hosts and assisting students to exit the host home into permanent housing.

-Chalice Overy, Associate Pastor

Community Prayer

Celebrating Joys

- We celebrate with Allie and Jack Pruden who are expecting a baby in the fall;
- and with Jim and Lynn Jarrard in the birth of their granddaughter, Rowan Wilder Jarrard, born to Justin and Lauren on August 19th.
- We rejoice with Cheryl Stallings, for her brother, CF, who found out that his Leukemia is in remission. We continue to pray for his health.
- We celebrate with Alyssa that her sister, Ashley, and her husband have relocated to Raleigh from New Delhi.
- We congratulate Oppie Jordan who was elected to the Board of the Southern Economic Development Council for 17 southern states.
- We celebrate with Gladys Langdon who turned 90 on August 21;
- and Robert McMillan who turns 100 on September 4.
- We rejoice in the visit of our Spiritual Father and ministry partner, Bishop Malkhaz Songulashvili, from the Republic of Georgia. We hold him in prayer alongside all our siblings at Peace Cathedral, and pray for the ministry they are doing to build interfaith relations among the people of the Republic of Georgia.

Praying in Loss

- We pray for Tony Quartararo in the loss of his brother, who passed away on August 2;
- and for Dave Parnell in the loss of his cousin's son, Nate, who took his life on August 1. We also hold Nate's parents, Jim and Victoria, in our prayers as they go through this devastating time in their lives.
- We pray for Gene Moore's sister, Gail, in the death of her husband Billy Hutto;
- for Serena Buckner in the loss of her step-father, Antony Roy Shoaf who died on August 8;
- and for Frank and Ann Farmer in the loss of their aunt, Memory Mitchell, who died on August 22. She and her husband Mitch raised their sons David and James in our church during the 60s-80s. Her service will be on Saturday, September 16 at 11:00 am at First Baptist in

Raleigh.

- We continue to hold Bob Rodriguez in prayer in the loss of his wife, Linda Rodriguez. Linda was very active at Pullen in the areas of justice and creation care. She and Bob led the Care of Creation Sunday group for 10 years. Linda's service was held at Pullen on August 20.
- We pray for the family of University of North Carolina professor, Zijie Yan, who was killed in an on-campus shooting on August 28, and for the UNC community.

Praying with our Community

- We pray for Suzanne Newton who moved to memory care in early August, and is adjusting to a new environment with new routines;
- for Ted Buckner who is home after surgery and continues to recover from a bone infection;
- and we remain in prayer for Alyssa Rockenbach's sister-in-law, Laura, who was hospitalized with significant kidney issues. She is recovering from surgery and does not have cancer as initially feared. We continue to pray for her recovery.
- We remember Tom Henderson as he recently began what we pray will be a complication-free round of immunotherapy treatment.
- We pray for Leigh Hambleton, who had shoulder surgery on August 29;
- and for Ben Tapp's cousin, Robert, who is recovering from a coma and hoping to understand the cause.

Praying with our World

- We pray for those who are suffering from the devastating fire in Hawaii;
- and for the victims of the racially motivated shooting in Jacksonville, FL.

Church wide

Pullen Events



Sunday Groups are Returning!

Sundays this Fall at 9:30 am in Finlator Hall starting September 17

Get ready! You're going to have a hard time choosing between the Sunday Groups we have lined up for this Fall! There are many groups to choose from because there's a lot to talk about! We hope you find something that piques your interest or speaks to your passion. Sunday Groups give us an opportunity to get to know each other and go deeper in our conversations with one another. If you're a newer member or attendee looking to connect with others in the Pullen community, this is a great opportunity. If you're looking for an accomplice in the work you feel called to, you may find that person in a Sunday Group. Take a moment to look at the list of offerings below. Sunday Groups begin on

September 17 and meet from 9:30 – 10:30 am.

Offerings Include:

Liturgist Training: *October 15- Nov 5 in 309*

The word "liturgy" is derived from an ancient Greek word that means "work for the people" or "public service". This course is an opportunity to hone your skills as a liturgist and to encourage other members of the congregation to become a Pullen liturgist.

Traditions in Conflict: Matthew, Mark, and Luke: *September 17, 24, October 1, 8, 15, 22, 29 in 310*

This 7-week course will bring a critical eye to the first three books of the New Testament: Matthew, Mark, and Luke. Exploring their similarities, problems, and inconsistencies, it will be accessible for the beginner and yet sufficiently challenging for the more serious student of the Bible. Why did they write their gospels in the first place and who was their audience? Who wrote first and did the others copy it? Why isn't the gospel of John being examined? How do their portraits of Jesus differ? These and other issues will be explored. Bring your Bible and your questions!

This course will be led by Pullen member Rev. Dr. Nick Carter, an ordained ABC minister and President Emeritus of Andover Newton Theological School.

Critical Conversations about Culture, Ethics, and Faith: *September 17, 24, Oct. 1, 8, 22, 29 (Group will NOT meet on Oct. 15) in the Chapel*

We live in a beautiful and ever-changing world, a world in which moral questions continuously present themselves to us as we interact with one another and organize society. For six weeks, this group will explore issues that require urgent and deep ethical reflection in our own time, built upon a nuanced understanding of what ethics is (forget the trolley problem!) and what moving in the world with ethical sensitivity entails. Topics will include race, capitalism, social media, climate change, and abortion.

This course will be led by Dr. Ryan Newson, Assistant Professor of Theology and Ethics/Program Director of Biomedical Humanities at Campbell University. Dr. Newson joined the Religion Department in 2015. He teaches courses in theology, ethics, and at the intersection of theology and science, particularly the growing field of biomedical humanities. His publications include *Cut in Stone: Confederate Monuments and Theological Disruption* (Baylor University Press, 2020), *Radical Friendship: The Politics of Communal Discernment* (Fortress Press, 2017), and *Inhabiting the World* (Mercer University Press, 2018). He has also edited several publications, including *Practicing to Aim at Truth* (Cascade, 2015) and *The Collected Works of James Wm. McClendon, Jr.* (Baylor University Press, 2014, 2016). Ryan lives in Raleigh with his wife, an ordained minister, and two children.

Discerning a Purposeful Work/Life: *Sep 17, 24, Oct 1, 8, 15, 22, 29 in 312*

With the explosion of remote work, strikes across various sectors of the economy, proposals of a four-day workweek, and the invention of terms like "quiet quitting," it seems our relationship to labor is changing. In a world where the demands of work are at odds with other meaningful pursuits, the often-cited ideal of "work/life balance" remains utterly elusive, even inadequate. How are faith communities to respond? Even our celebrated notion of "vocation" has come under scrutiny in recent years--the belief that our labors are inextricably linked to divine purpose and personal fulfillment. As people of faith in this fast-changing world, how do we take seriously the spiritual disciplines of rest and sabbath while laboring with integrity? What wisdom does our faith tradition offer beyond notions of "self-care" or simple slogans like "rest is resistance"? This course will offer space to contemplate a purposeful work/life in conversation with ancient and contemporary thinkers within the Christian tradition. Together, we will wrestle with issues as global as labor trends and as personal as the daily practices that sustain us.

This Sunday group will be led by Rev. Ian McPherson and Katie Founds. Ian is Minister of Social Justice and Students at Pullen. Katie and her son Daniel moved to the Triangle from Colorado in 2021 and are so glad to have found a home in Pullen. She holds an M.A in Theology from Fuller Theological Seminary, as well as a Ph.D. in Sociology from the University of Kentucky. Katie's process of coming out and deconstructing (then reconstructing) her faith has given her new perspectives on the faith and Bible she has always loved.

Exploring the Bible: *September 17, 24, October 1, 8, 15, 22, 29, November 5, 12, 19, 26, December 3, 10 in 307 and on Zoom*

Exploring the Bible is a Bible study class led by a rotating team of teachers, each leading several weeks to focus on various themes or Books of the Bible. The format involves some lecture and lots of open discussion.

This class will be taught by Lisa Grabarek, Jim Jarrard, Katie Founds, and Allen Page. These four offer a rich mix of life experiences in theological study, teaching, parish leadership, counseling, and social justice activism which promises a rewarding and stimulating class experience. There are no prerequisites to this class; no Bible study experience is necessary. All are welcome to join us.

Pullen 101: *Sundays beginning September 17 at 9:30 am in 203*

Are you thinking about joining Pullen, or just want to learn more? Pullen 101 is a unique opportunity to hear from Pullen staff and members about our history, values, and the ways we put our faith into action. The intimate 7-week class gives you an opportunity to ask questions and get to know other people at the church. Pullen 101 is for those who are new to the community, thinking about joining, or just want to get a better sense of who we are. Pullen 101 will be held in room 203 on Sundays from 9:30-10:30 am, September 17 - October 29. Please register by September 10. You may register on Realm if you have an account, or simply email Chalice at covery@pullen.org.

-[Nancy Petty](#), Pastor

Sunday in the Park: *September 10 at 11:00 am at the Gregg*



Grab a lawn chair and join us for our outdoor service on September 10! We will gather at 11:00 am on the Gregg Museum lawn (just next door) for a service featuring our choir and orchestra. Our theme, "Bounty and Boundary", reminds us that the first human vocation was to care for the earth from which we were created, and fulfilling that vocation requires us to place limits on our consumption. In that spirit, we will have a "Free Market", where we invite you to bring something (in good condition) that you are no longer using, but might be of some value to someone else. You can also offer a service, like an art lesson, a guided nature hike, or babysitting. We will set

all the offerings on tables near the worship space, where we all shop for free. Whatever items are not taken will be donated to Cause for Paws.

After service, we will share a potluck lunch. Please bring a dish of any kind that serves 6-8 people. You may drop it off at Finlator Hall before service. Volunteers will be available beginning at 10:30 am to grab food from your car, allowing for a convenient drop-off before you park.

Dress comfortably and join us for Sunday in the Park!

-Chalice Overy, Associate Pastor

White Flag Shelter Info Session: September 12 at 7:30 pm in Finlator Hall

Please join Pastor Vance Haywood of St. John's MCC and our own Rev. Ian Carr McPherson, who will share updates on the White Flag Shelter initiative and how local communities of faith can get involved this winter and beyond.

-Ian McPherson, Minister for Social Justice and Students



Children's Sabbath: October 15 at 11:00 am in the Sanctuary

Save the Date for the upcoming Children's Sabbath! This year will be the 50th anniversary of the Children's Defense Fund.

- Tommy Cook, Minister with Children and their Families

A Walk in the Forest! October 21 at 9:00 am at Umstead Park

On October 21st, from 9:00 until 11:30, Mary Pat Peters, owner of CenterPeace Garden Design, will lead us in Forest Bathing! Mary Pat has a graduate certificate in Landscape and Woody Plants from George Washington University and a BA in Psychology from Duke University. As described on her website, "Shinrin-yoku is the Japanese term for forest bathing, which is the practice of experiencing the beauty of the forest in a mindful way. Studies have shown that this practice promotes healing physically, emotionally, and spiritually." Mary Pat will gently guide us on a walk through the forest, encouraging us to intentionally connect with it by using each of our senses. We will meet at or near Shelter 1 on the Glenwood Ave entrance to Umstead Forest! Open to the first 12 people who register; others will be placed on a waiting list for a possible October 14th date! Please join us!

-Sponsored by Earth Ministry

Register Now

Fall Fest 23 Volunteers Needed! Wednesday, October 25

Looking ahead to Fall, we want to plan ahead to host a "Family Fall Fest" on Wednesday, October 25 for our families and our community friends! We will need many volunteers to decorate, supervise game booths and bounce houses, and clean up. We also need donations of "goodies" sweet and healthy." Please let me know if you can help with this fun family event!

- Tommy Cook, Minister with Children and their Families



2023 Greater Triangle Area Crop Walk: Sunday, October 29, 2023 Starting at 99 N Salisbury St

If we work together, we can end world hunger. That's why we're participating in the 2023 Greater Triangle Area CROP Hunger Walk to support Church World Service and help families who are struggling with hunger. Please join us with your steps and your donations. We are excited to announce that Pullen's Round Table Fellowship has been selected as one of the local hunger initiatives that will receive a portion of all funds raised! So please join our Round Table team and register at the link below to be a walker, sponsor, or both. Last year,

the Greater Triangle Area Crop walk raised \$56,850, and together we hope to surpass that goal at this year's event. Please donate to our team today!

-Ian McPherson, Minister for Social Justice and Students

[Register/donate](#)

Third Tuesdays - Visiting our Home Based Members

Since the pandemic began the number of our home-based elders has quadrupled in size. As a result, we are implementing a strategy to increase engagement with those who are not able to make it to church regularly. I hope 2-3 people will join me each month on the third Tuesday in visiting one of the four retirement communities where we have a significant number of Pullen members residing. In communities with a lot of Pullen residents, we will stay for about an hour and a half in a common area, allowing residents to drop in at any time. In communities with smaller numbers of residents, we will allot less time. We will also take time to visit those who are unable to leave their apartments and those who are in skilled nursing. If you would like to join in on one of these visits, look at the calendar below, and click the link to add your name to the list for a particular date. If you are a resident of one of these communities (home-based or not), please mark your calendars and plan to visit with us. We would love to see you!

Date	Community	Address	Time
Sep 19	Springmoor	Springmoor Cir., Raleigh	3:00-4:30 pm
Oct 17	The Oaks at Whitaker Glen	501 E Whitaker Mill Rd., Raleigh	2:00-3:30 pm
Nov 21	Glenaire	4000 Glenaire Cir., Cary	2:00-3:30 pm
Dec 19	The Cardinal at North Hills	4030 Cardinal at North Hills St., Raleigh	3:00-4:00 pm

[Sign Up](#)



Young-ish Adults Group: *Tuesdays at 6:30 pm in the Chapel (Finlator Hall on first Tuesdays)*

The Young-ish adults will meet each Tuesday at 6:30 pm in Pullen's Chapel. Join us as we share the stories of our lives and discuss topics that matter to us.

-Nancy Petty, Pastor

Pullen News



Music Ministry Notes

Experience Community and Increased Health!

"Singing is good for you. Singing with others may be even better." is the headline of a recent [Washington Post article by Alexandra Moe](#). Included in the "Well-Being/Body" area of the publication, it echoes numerous studies that singing in choirs and playing in instrumental groups are healthy and healing to body,

mind, and spirit. This is especially comforting to hear following the cautionary years of the pandemic. Among the numerous benefits of communal music-making, the article cites the rewards of reduced stress, the increase in breathing volume, and the boosting of proteins that can help fight serious illness. It also highlighted the sense of belonging and the joy of being part of a community that results from making music with others.

These truths are not lost on the Pullen Music Ministry as it seeks to provide a means of experiencing "life more abundantly." All are invited to participate in Pullen's Music Ministry Groups as together we inhale and exhale, sing and play, know and feel, experience and express, increase health and community. Join us!

Pullen Orchestra

Youth and Adults who play wind, string, or percussion instruments at an intermediate level or beyond are invited to play in this group that accompanies congregational singing and provides music for worship. The orchestra resumes to rehearse for "Sunday in the Park" on Saturday, September 9, at 10:00 am in the Rehearsal Hall.

Adult Choir

Adults of all ages are invited to participate as this choir enlivens congregational singing, offers music for worship, and attends its annual "Festival by the Sea." Wednesday evening gatherings for this group resume in the Rehearsal Hall on September 13 from 6:45-8:15 pm.

Youth Choir

Youth in Grades 6-12 form this choir that expresses a variety of music for worship and attends its annual "Festival by the Sea." Wednesday gatherings for this group resume on September 13, before Youth Group from 6:00-6:30 pm in the Rehearsal Hall.

Children's Choir

Older Children in Grades 3-5 participate in this choir that is integrated with Sunday Groups for Kids, gathering on Sunday mornings at 9:30 am in Room 122. With a multisensory approach, children experience Sunday Group themes, grow as musicians, and offer music for worship. In the Fall of 2023, the Children's Choir will sing for October's Children's Sabbath and December's LoveFeast. In 2024, the choir will experience and express "Imagine God! *reimagined*," a musical and curriculum inspired by Pullen that will culminate in a multigenerational spring worship service.



Housing All Update

For several years a small group of Pullenites have been partnering with First Baptist Church on Salisbury Street to support those in the Raleigh area with funds to either keep them in their homes or to keep their utilities on. It was always hoped that these two church families would be joined by more churches, which has not happened. A decision was made that Pullen would use the remaining funds in Housing All to respond to callers for two more months, August and September.

We thank you for the gifts that have been given for the mission of Housing All.

*-Pullen's Housing All Volunteers:
Sharron Underwood, Emily Cato, and Robin Morris*



Pullen Pickers String Music Circle

Do you play a string instrument a little or a lot? Do you like to sing and harmonize? Are you young or old? Then come on out to a laid-back open music circle before the Sunday in the Park Service! We will sing and play some well-known spiritual songs (in easy keys and with just a few chords). All you have to do is bring your lawn chair, your string instrument with a way to tune it, and some water to drink. Also, bring your cell phone if you want

to pull up lyrics. If you just want to sing and not play, just play and not sing, or just want to see how a string music circle works, that's all fine.

The circle will meet from 9 to 10:30 am on the Gregg Museum lawn.

-Jim Jarrard jjarrard001@nc.rr.com and Noelle Schofield nschofield6@gmail.com.



Round Table numbers are rising! Donations Needed!

Please support our twice-weekly Round Table Fellowship ministry to those experiencing housing and food insecurity by volunteering your time or donating items to keep this ministry going. We need peanut butter crackers, granola bars, small water bottles, large containers of coffee, powdered creamer, and grocery bags (most preferably paper grocery bags with handles,

but plastic bags are welcome too!). Please refer to the picture here to see what's needed. You can drop these items off in the blue cart by the office door. If you're interested in volunteering with our incredible team on Tuesdays and Thursdays, please reach out to Ian at imcpherson@pullen.org to be connected to our RT Coordinators.

-Ian McPherson, Minister for Social Justice and Students

Kid's Ministry

Pullen Kids Quest: *Wednesday Nights starting September 13 at 6:15 pm in Room 122 (Preschool), Room 120 (K-5th Grade)*

After our Church Family Night Meal, preschoolers will enjoy free play in Room 122. Our Older Children will also have an opportunity for free play, in addition to either Story Time in the Kid's Library, Craft Time in Room 120, and Game Time in Room 116 and on the



Playground!

- Tommy Cook, Minister with Children and their Families



Pullen's PALS (Parents and Littles): September 16 at 11:00 am at Pullen Park

Are you the parent of a baby or toddler looking to connect with other parents at Pullen? Come join the Pullen PALS (Parents And Littles) for our first outing to Pullen Park on Saturday, September 16, at 11:00 am (or, you know, whenever the kids agree to put their shoes on!). We'll meet at the preschool playground for a couple of hours of playing, riding the train, and fellowship between parents. Text Maggie Zeillmann at 919-757-3658 to let her know you're coming!

- Tommy Cook, Minister with Children and their Families



Pullen Kids Sunday Groups: Sundays from 9:30 am starting September 17

Infants- Crawlers: Childcare in Room 118

Toddlers-Twos: Childcare in Room 117

Two through Five-year-olds: Preschool Sunday Group - Age-appropriate activities (stories, music, art, and games) in Room 120.

Kindergarten through Fifth Grade: Children's Sunday Group - Stories from the Bible explored through workshops (art, science experiments, cooking, and more). All children gather in Room 122 at 9:30 am, then Kindergarten, First and Second Graders move to Room 123; Third, Fourth, and Fifth Graders move to Room 124.

Music Discovery (K-2nd Grade): Young children and their parents find a welcoming space where age-focused activities instill the joy of music-making. Children's Choir (3rd-5th Grade) : Older children will enjoy a variety of learning experiences that develop their musical skills to offer in worship and church life.

- Tommy Cook, Minister with Children and their Families

Youth Ministry



Fall Kickoff: September 6, 6:00-7:30 pm in 130-H

Join us for this year's kickoff for youth and parents. We will get acquainted, give an overview of our fall curriculum for Sunday Group and Wednesday nights, look at our activities for the year, and answer any questions you may have. Join us in Finlator Hall at 6:00 pm.

-Chalice Overy, Associate Pastor



Wednesday Night Live Returns September 13:

Wednesdays at 6:00 pm in Room 130-H

This fall, our youth will explore "the Question," which is really just many questions rolled into one. While no single question captures "the Question" completely, the authors of *Life Worth Living: A Guide to What Matters Most* offer a few for our consideration in their introduction: "What matters most? What is a good life? What is the shape of a flourishing life? What kind of life is worthy of our humanity? What is true life? What is right and true and good?" In the coming months, we will explore these questions (and more!) together, drawing from the wisdom of sacred traditions from around

the world and throughout human history. Modeled on the very popular *Life Worth Living* course at Yale, this class will offer Pullen students an opportunity to step back and reflect on the kind of life they hope to live--and the friends they want to accompany them along the journey.

-Jan McPherson, Minister for Social Justice and Students

Lake Johnson Walk: September 16 from 10-11:30 am

Let's get outside and enjoy each other's company in nature. We will meet by the Lake Johnson Waterfront Center to begin our trek. Families are welcome to join us!

-Chalice Overy, Associate Pastor



Sunday Groups Begin September 17: Sundays at 9:30-10:30 am in 130-H

Sundays are for faith formation, which is really just about allowing what you believe to shape the way you live in the world. We will begin talking about "Ritual" leading up to our rites of passage ritual on Sunday, October 8. Then, for the next 6 weeks we'll take a look at the Bible--how it was composed, why we use it and how it has been misused. And at Advent we will begin the "Connecting Faith and Justice" curriculum which follows the lectionary--a set of Bible passages selected for each week around the Church (or Christian) Calendar. Because we also structure our worship services around

the lectionary, I'm hoping this will help youth make connections between what they are learning before worship and what is happening during worship.

-Chalice Overy, Associate Pastor

Save the Date for Rite 13(ish): October 8, 11:00 am

Traditionally, Rite 13 has been a beautiful ritual during worship where we acknowledge the maturation of youth, inviting their parents and the whole congregation to offer encouragement and blessing for the next stage in their lives. Usually, this ritual is for youth who are 13 by the time of the ritual, but we haven't done this since before the pandemic hit. So we're inviting all youth between the ages of 13-16 who have not yet had an opportunity to participate. Please contact Chalice Overy to confirm your participation.

-Chalice Overy, Associate Pastor

Fall Youth Lock-in! October 13 at 6:00 pm at Pullen

Join us for a night of Sardines and other fun. Drop off at Pullen starts at 6:00 pm Friday, October 13th and pick up will be at 9:00 am on Saturday morning. Register at the link below.

youth
lock in

Register

Around the Pullen Community





Voters Registration

Meet & Greet

 Come and gather with residents in the community!

 Heritage Park Community Center

 416 Dorothea Dr, Raleigh, NC 27601

 Sunday, September 10th 2023

 12:00pm-2:00pm

Hot Dogs will be served!

SAVE THE DATE

Come and join us!

Race and Housing Dialogue: September 19 at 7:00 pm at Cary First Christian Church

On Tuesday, September 19th from 7– 8:30 pm, Cary First Christian Church, Crosspointe Church, and Transformation Fellowship Christian Church are hosting a Race & Housing Dialogue at Cary First Christian (1109 Evans Rd, Cary). We will watch *Segregated By Design*, a 17-minute documentary based on the book ***The Color of Law***. This documentary (click [here](#) to watch the trailer) examines the often-forgotten history of how our federal, state, and local governments unconstitutionally segregated every metropolitan area in America through law and policy and the lasting impact it has today. We will watch the film together, and then break out in smaller groups to discuss. We will end by talking about how to advocate for changed policies. Please join us for this

important conversation. We are intentionally inviting Black and white congregations to participate because our experience has been that this leads to the most compelling dialogue. We are asking everyone to register using this [link](#): Be sure to include your congregation in the Organization box.

Here are some thoughts that previous participants have had:

- “All need to know the history of the challenges and discrimination in our history and its continuing impact today.”
- “It was a dynamic discussion with a diverse group of people who expressed different perspectives.”
- “It encouraged interaction which is the first step toward positive change.”
- “I walked away with action steps for advocacy and opportunities for community involvement.”

Register



Participate in an Interfaith Service: November 19 at 2:00 pm at Greystone Baptist Church (7509 Lead Mine Rd)

We are looking for participants for music, arts, dramatic reading, rituals, and speakers for 2-3 minutes. The theme is Gratitude for Creation (thanksgiving for the earth) - we are still looking for a catchy title. The service will be planned for one hour, with refreshments to follow. We are also looking for youth to participate. Anyone who is interested in collaborating on music, talks, or dramatic readings, please contact Christian at christian.mcivor@greystonechurch.org

-Tami D. Johns, Unity of the Triangle



August Hope Center Update

- We are proud to announce that our previous Director of Transition Program, Chantel Sherman, is now Director of Programs, overseeing both our Transition and Teen Programs! Additionally, Bri Scotton, our Teen Program Specialist is now our Teen Program Manager! Congratulations to these hardworking and compassionate ladies!
- Many rounds of applause are needed for our hardworking interns! Over the summer, 21 interns worked at 10 different host businesses and organizations, working more than 2,250 hours! Each intern earned \$10 an hour, paid by stipends from donations to The Hope Center, which means that collectively the interns made more than \$22,500! What a record-breaking season, and to top off the success...three of our youth were offered employment at the end of their internships. A BIG thank you also goes to the host sites, social workers, staff, foster families, supporters, and the interns themselves for all the hard work!
- There is nothing our program specialists can't do! In addition to working with our youth daily and making our programs successful, they will also soon be certified life coaches. They have been taking intense training courses designed by the Fowler International Academy of Professional Coaching, focused on specific communication methods to help people reach their full potential. Our staff are strengthening their knowledge and improving their communication to continue addressing any factors that affect foster youth and former foster youth reaching self-sufficiency. We are excited to see the progress that our Teen and Transition Program staff continue to make as they get closer to completing their courses. Once completed, these new tools will start being applied during client intake and throughout their time with us.



Pullen Memorial Baptist Church | 1801 Hillsborough Street, Raleigh, NC 27605

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