



Pullen

Memorial Baptist Church

October news & updates



Upcoming Events

See what's happening this [month](#).

Date: 08.30.23
Income: \$811,606
Expenses: \$808,385
Difference: \$3,220

The Table in October

Join us at The Table in October! Dinner is served from 5:30-6:15 pm. Dinner is \$7 for adults and youth (grades 6-12), \$4 for children (grades K-5), and free for preschoolers, with a maximum of \$24/family. After dinner, we take time for community announcements, celebrations and prayers, before our formal program from 6:30-7:30. Programming is also offered for children and youth. Check out what's going on at The Table this month!

October 4 - International Interactive Game Night

During dinner (and maybe a bit beyond), we'll celebrate milestones with some members of our community before we move on to trivia featuring questions about our international partnerships and others about the folks we're celebrating.

Menu: Southwest stuffed peppers, salad, cupcakes

October 11 - Aging Joyfully

We will hear from Suzanne Shoffner, a Presby-Lutheran Minister and Peace Activist who teaches Yoga at a retirement center and enjoys playing the

accordion. She will share her wisdom on aging joyfully and without fear.

October 18 - AMOS Trip Update

In an interactive, multi-generational presentation, our pilgrims will tell us about their experience in Nicaragua, where they worked with our partners AMOS Hope & Health to assemble and deliver water filtration systems to homes in the communities AMOS serves.



October 25 - Fall Festival

This year's festival will feature music, bounce houses, games, booths, a costume parade, candy, and more! We want this to be a community event for families in our area, so please invite others to join us. Dinner is available from the "And Also with 'Cue" food truck, which will provide vegan and kid-friendly options along with their regular BBQ fare.

We are in need of volunteers to greet and help with parking, supervise activities, and create game stations; if you are interested in volunteering, please sign up for a time slot at the link below.

-Chalice Overy, Associate Pastor

[Volunteer Here](#)

Community Prayer

Celebrating Joys

- We celebrate with Rita Rakestraw who recently graduated, and is now employed as a school social worker in Durham;
- with Rege and Gail Longmire whose son, Cameron, recently got a job in Florida, and has relocated there;
- with Cheryl Stallings' brother, CF, who was diagnosed with leukemia that is now in remission;
- with Robert McMillan who turned 100 years old on September 4;
- with Shirley Hubert, who turned 94 on September 25;
- and with former Pullen Youth, Wilson Jeter, who married Kate Gibson on September 3 in Seattle. Wilson is the son of George and Vanessa Jeter.
- We are grateful for Bishop Malkhaz Songulashvili, from our partner church in the Republic of Georgia, who was named the inaugural House of One Peace Laureate by the House of One Foundation for his tireless, courageous commitment to tolerance and dialogue.
- We celebrate the grand opening of the Pack Essentials Hub, which hosts the "Feed the Pack Food Pantry" and other critical resources for NC State students, faculty, and staff in need. Any excess food recovered from local restaurants by our Round Table volunteers goes to the "Feed the Pack", and our congregation's contributions to this food pantry were named and celebrated by university leaders during the ceremony.
- We honor the work of the Earth Ministry on the installation of the solar panels on our building. In addition to the environmental benefits, the panels are estimated to save the church \$75,572 over the next 25 years.

Praying in Loss

- We pray for Bobleigh Daniels in the death of her cousin, Mary Ann Lane, who passed away on September 23;
- and for Ginny Going in the loss of her husband Tom Henderson who passed away September 26. Tom joined Pullen in 2010 and was active in Pullen's Orchestra and in our

annual Advent Candlelight service. We will share details about Tom's service as soon as things have been finalized.

Praying with our Community

- We hold in prayer, Rege and Gail Longmire who recently had COVID;
- Elmer Johnson who fractured his hip and is still recovering in the health center at Springmoor;
- Vickie Leigh's brother-in-law, Steve, who has Invasive Adenocarcinoma and underwent an Abdominoperineal Resection on September 26th;
- Leigh Hambleton as he recovers from recent shoulder surgery;
- Neal Sasser, who recently fell ill while on a cruise in Europe, and is now recovering stateside;
- Pat Long, who broke her jaw in a fall last week, and is recovering at home;
- and Ted Buckner, who was recently hospitalized again due to a bone infection. He continues to recover at home.

Praying with our World

- We pray for those grieving and rebuilding after thousands of lives were lost in Morocco after a major earthquake, and Libya after serious floods;
- and for our friends in Matanzas, Cuba who are in the midst of a water crisis; and particularly for the senior citizens, and Luiz and Nancy who are still awaiting eye surgery.

Church wide

Pullen Events



New Sunday Group Supporting Lay-led Worship

All Pullenites who wish to participate in the morning worship, (experienced and just getting started), are invited to the 4-week liturgist training study group. We will focus on the ways in which liturgists will be participating in worship on Sunday mornings, including Scripture reading, communion, prayers, and calling for the offering. You will be provided with resources, our shared experiences, and an opportunity to practice in the sanctuary.

Every aspect of worship is an opportunity to live out the belief in the priesthood of all believers, and therefore, should be offered in public worship with faith and with excellence.

Join David Anderson and Debbi Carter for the first class on

October 15th at 9:30 am.

-Debbi Carter & David Anderson

[View all Sunday Group Offerings](#)



Children's Sabbath: October 15 at 11:00 am during worship

The nationwide celebration of Children's Sabbath came out of the work of the Children's Defense Fund, now in its 50th year. Children's Sabbath is a multi-faith observance that engages places of worship across the country in focusing prayers, worship and action on learning more about the urgent problems facing our nation's children exploring sacred texts and

teachings that call us to love and protect children, responding with outreach and advocacy, and—most importantly—inspiring new, year-round action to improve the lives of children. It is the goal to help amplify the voice of faith communities calling for justice.

At Pullen, on October 15th, this day we will highlight and affirm the gift and gifts of children in our midst. It is a day set aside to celebrate children as active participants in the life of the church. Children will serve as worship leaders throughout the service, including preaching with speaking, music and art work, reading Scripture and more.

- [Tommy Cook](#), Minister with Children and their Families

Congregational Meeting: Annual Presentation of Proposed 2024 Budget by Finance Committee: *October 15 at 12:15 pm in the Sanctuary*

Pullen Folks: Please note for your calendars our traditional October Congregational Meeting, per our Constitution and Bylaws. This upcoming meeting is scheduled for Sunday, October 22nd just after our Worship service.

-*Jim Jarrard, Coordinating Council*



Pullen Women's Group: *October 16 at 6:00 pm at Taco Bamba 3518 Wade Ave*

Calling all those who identify as female! Please join us for the next Pullen Women's Group. We get together to visit each other and catch up with no special agenda. Newcomers are welcome. This is a way to get to know other Pullenites! Please call/text Rita Rakestraw at 919-360-0975 if you can make it.

-[Rita Rakestraw](#)

Peace Booth at the NC State Fair: *October 17 at 3:00 pm*

The organizers of the Peace Booth at the NC State Fair are asking for volunteers from local churches to staff the Peace Booth for a couple of hours. The Peace Booth is organized by local area churches that want to take a stand for Peace versus the well-funded conservative groups' booths nearby. In previous years, Pullen has provided volunteers and this year Pullen is assigned to work on Tuesday, October 17 from 3:00 pm to 9:45 pm. At this point, we only need three more volunteers to fill the gap between 5-9:45 p.m. Please help! Volunteers are assigned in pairs for two-hour blocks of time. The duties are to greet people, ask them to consider signing a peace-related petition and distribute materials. You'll get free tickets to enter the Fair.

Anyone interested can contact Jim McMahan, 919-247-0534 or jimmcmahan1019@gmail.com

A Walk in the Forest! *October 21 at 9:00 am at Umstead Park*

On October 21st, from 9:00 until 11:30, Mary Pat Peters, owner of CenterPeace Garden Design, will lead us in Forest Bathing! Mary Pat has a graduate certificate in Landscape and Woody Plants from George Washington University and a BA in Psychology from Duke University. As described on her website, "Shinrin-yoku is the Japanese term for forest bathing, which is the practice of experiencing the beauty of the forest in a mindful way. Studies have shown that this practice promotes healing physically, emotionally, and spiritually." Mary Pat will gently guide us on a walk through the forest, encouraging us to intentionally connect with it by using each of our senses. We will meet at or near Shelter 1 on the Glenwood Ave entrance to Umstead Forest! Open to the first 12 people who register; others will be placed on a waiting list for a possible October 14th date! Please join us!

-*Sponsored by Earth Ministry*

[Register Now](#)



3rd Annual ICCT Prayer Chain for the Earth: *Monday, October 23, 5:00-6:30 pm in Raleigh*
Theme: Read the Signs, Be the Change

Be a part of living testimony! Join Interfaith Creation Care of the Triangle (ICCT) for the **Third Annual ICCT Prayer Chain for the Earth** on the sidewalks at the Unitarian Universalist Fellowship of Raleigh, 3313 Wade Ave. (parking available), and heading east toward and beyond the Community United Church of Christ. Music will greet those who assemble at 5:00, and a brief, 15-minute prayer

circle will follow the event at 6:00. Our theme is “Read the Signs, Be the Change.” Signs (which should not be on sticks) can point out an indicator of climate change or a simple way individuals can take action (e.g., “Fires in Maui” or “Drive Less”). More ideas for signs can be found on [this blog](#), but feel free to be creative! Accompanied youth and children are welcome with **safe spaces available**.

Contact ICCTriangle@gmail.com with questions. Be sure to register to receive updates and changes due to weather. [Learn more and register here.](#)



2023 Greater Triangle Area Crop Walk: *Sunday, October 29, 2023 Starting at 99 N Salisbury St*

If we work together, we can end world hunger. That's why we're participating in the 2023 Greater Triangle Area CROP Hunger Walk to support Church World Service and help families who are struggling with hunger. Please join us with your steps and your donations. We are excited to announce that Pullen's Round Table Fellowship has been selected as one of the local hunger initiatives that will receive a portion of all funds raised! So please join our Round Table team and register at the link below to be a walker, sponsor, or both. Last year,

the Greater Triangle Area Crop walk raised \$56,850, and together we hope to surpass that goal at this year's event. Please donate to our team today!

-[Ian McPherson](#), Minister for Social Justice and Students

[Register/donate](#)

City of Oaks Marathon Support: *November 5 during the City of Oaks Marathon*

Be part of the excitement and challenge on Nov 5 during the City of Oaks Marathon. Race courses pass right outside Pullen's doors. Kids, youth and adults are encouraged to extend our hospitality by staffing a water and cheer station just across Hillsborough St. This is one of the premier spots to support runners, a great way to hang outdoors and rally in some community involvement. Please contact Shannon Neiley for more information smneiley@gmail.com or 919-817-9321

-[Shannon Neiley](#)

Kid's Ministry

Pullen's PALs (Parents and Littles): *October 21 at 11:00 am at Pullen Park*

Are you the parent of a baby or toddler looking to connect with other



parents at Pullen? Join the Pullen PALs (Parents And Littles) for our outing to Pullen Park on Saturday, October 21, at 11:00 am (or, you know, whenever the kids agree to put their shoes on!). We'll meet at the preschool playground for a couple of hours of playing, riding the train, and fellowship between parents. Text Maggie Zeillmann at 919-757-3658 to let her know you're coming!

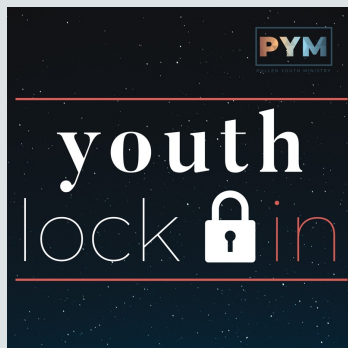
- [Tommy Cook](#), Minister with Children and their Families

Youth Ministry

Save the Date for Rite 13(ish): October 8, 11:00 am

Traditionally, Rite 13 has been a beautiful ritual during worship where we acknowledge the maturation of youth, inviting their parents and the whole congregation to offer encouragement and blessing for the next stage in their lives. Usually, this ritual is for youth who are 13 by the time of the ritual, but we haven't done this since before the pandemic hit. So we're inviting all youth between the ages of 13-16 who have not yet had an opportunity to participate. Please contact Chalice Overy to confirm your participation.

-[Chalice Overy](#), Associate Pastor



Fall Youth Lock-in! October 13 at 6:00 pm at Pullen

Join us for a night of Sardines and other fun. Drop off at Pullen starts at 6:00 pm Friday, October 13th and pick up will be at 9:00 am on Saturday morning. Register at the link below.

-[Chalice Overy](#), Associate Pastor

[Register](#)



Fall Festival: October 25th, 5:30-7:30 pm

Youth will be helping Pastor Tommy put on the Fall Festival this year! Dressing up and bringing friends is highly encouraged!

-[Allie Pruden](#), Youth Ministry Coordinator

Winter Retreat: January 12th-15th

We are excited to join youth from across the Southeast for a fun experience designed to fuel our faith. The musical duo, Alatheia, will be in attendance for a weekend of storytelling, experiential education, service, and of course fun in the snow on January 12-15, 2024. The retreat's theme and conversations will focus on our relationship with the earth and how God calls for us to care for all creation. The retreat price covers transportation, lodging, meals at the retreat center, programming, and a snow tubing excursion. Registration and a 50% non-refundable deposit is due by Oct. 25. Register and pay online [here](#).

Around the Pullen Community

Friends and Family of Trans & Gender Expansive Folx Virtual Support

Group: Wednesdays 6:00 pm October 4- Nov 8

[Learn More](#)

3rd annual Honey & Arts Fair: October 7 at 2:00 pm
at the Beeloved Community Garden

[Learn More](#)

**Free to Be! Cultural Celebration and
Fundraiser:** Saturday, October 7, 6:30 to 9:30 pm at the
Durham Bottling Co.

[Learn More](#)

**Building Bridges of Welcome for
Accompaniment of Asylum Seekers:** October 14 at
Western Presbyterian Church at 9:30 am

[Learn More](#)

Participate in an Interfaith Service: November 19 at
2:00 pm at Greystone Baptist Church (7509 Lead Mine Rd)

[Learn More](#)



October Hope Center Update

- It's happening! Our recently launched housing partnership with St. Augustine's University is off to a great start! Currently we have one suite on campus, with hopes to expand. The dorm-style suite offers four bedrooms, two bathrooms, and a large common space. More importantly it gives us a new safe housing option for young adults in our programs who need transitional housing. It also offers an introduction to college life for our clients, which we hope will inspire our youth to pursue post-secondary education. Partnerships like this are so important to our work because they expand our reach so we can help more former foster youth and show our youth that the community is here to support them.
- We are in need of transportation volunteers! This job is so important and our Teen Programs depend on it. We rely on volunteers to provide transportation to and from life skills classes, internships, and other activities as needed. Interested in becoming a volunteer? Contact Brittney at bsherley@hopecenteratpullen.org.

-Brittney Sherley (she/her), Director of Development and Communications for The Hope Center



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